

GEAR LIST

Taos Coyote Youth Hockey Association provides rental equipment on a first come/first serve basis. The following items are rented for each season, to the extent available.

Contact _____

Hockey helmet

Hockey pants

Shoulder pads

Elbow pads

Shin guards

Hockey gloves

Skates (not usually supplied, but we do have some smaller sizes available)

Hockey Bags (Limited Availability)

Sticks for Mini-mite/Mite only

Each player may need to purchase an item from above if the Association hasn't any available. In addition, each player needs the following which may need to be purchased or if possible handed down from an older player (some items are personal and must be purchased):

Hockey bag (something to carry all this equipment) look at Wal-Mart/target, too

Water bottle

Stick (left or right) ask a coach before you purchase

Neck guard

Mouth guard

Practice socks (worn over the shin guards. The association may have some available)

Practice jersey (the Association may have some available and do not wish its return, but feel free to pass it down as your child matures or dispose)

Under armor (long johns will do) some armor has built in cup

Protective cup (Johnny cup for boys Jenny cup for girls)

May need a garter to hold up socks (tape works and some armor has built in Velcro)

Socks worn inside skates (form fitted, not real thick, but warm) look for comfort to start

Hockey tape

In addition, some rinks get really cold so keep a supply of hand and foot warmers in your player's bag.

TIP #1: At the end of each practice and game, take out the equipment, let it dry and then once dry re-pack. This gear really smells especially as your child ages.

TIP #2: No less than 8 ounces of water before a game and a practice (have them go to the bathroom before they take the ice as during the game, cannot leave the ice and generally return to the ice especially the older the player)

TIP #3: **FIND THE LOCKER ROOM, 30 MINUTES PRIOR TO PRACTICE, 1 HOUR PRIOR TO A GAME & GET READY TO PLAY HOCKEY**